



# The Lion & Thistle



## SCOTTISH HERITAGE USA KICKS OFF OUR DIAMOND JUBILEE YEAR

FEBRUARY 2025  
ISSUE 1-2025

**S**ixty years ago on January 26, 1965, five founding fathers of today's Scottish Heritage USA filed incorporation of our non-profit organization, originally named the Scottish American Foundation, Inc., with principal offices at 30 E. 60<sup>th</sup> Street, New York, NY.

The founding incorporators were James A. Keillor, John M. MacGregor, David H. McAlpin, Ward Melville, and Ridley Watts. After the board of directors was elected in May 1965, the first officers elected included John D. MacGregor, President; Ridley Watts and The Earl of Wemyss and March, Vice-Presidents; James Lunn, Secretary, and Alan George, Treasurer.

In February 1967, the board met and changed the name to Scottish American Heritage, Inc. and approved the first student from Threave in Scotland to study at Longwood Gardens in Kennett Square, Pennsylvania, with "total cost of travel and incidentals not to exceed \$1000." Thus began our organization's long and vibrant history of supporting cultural educational programs and endeavors, true to the founder's purpose and mission.

From the genesis of Scottish Heritage USA's founding, our organization's members and leadership has been committed to supporting a strong relationship with the National Trust for Scotland. In 1974, our board approved \$12,000 for an information center at the Georgian House at No. 7 Charlotte Square in Edinburgh, and later an additional \$30,000 to NTS for Georgian House renovations. That same year, we agreed to adopt as a project the joint sharing of a tent at Grandfather Mountain Highland Games, and that tradition continues to this day.



*One of the earliest actions taken by our Board of Directors in the mid-1960's was bringing students from Threave Gardens & Nature Reserve (pictured above) to the US to study at Longwood Gardens. This later expanded into an exchange student program. We continue to support Threave through our partnership with the National Trust for Scotland.*



Longwood Gardens

## Our Founders' Original Purpose & Mission

*To recognize and enhance original bonds of ancestral and national character among the peoples of Scotland and of North America; to disseminate knowledge of their respective cultural heritages; and in furtherance of such purposes to support the preservation of historic sites, the maintenance of centers of artistic and literary endeavor, and such other activities as may be appropriate.*



*Planning a trip to Scotland on your own in 2025? Be sure to renew your membership with Scottish Heritage USA \*at least two months ahead\* of your travel dates to ensure there's time to process both your Scottish Heritage USA and National Trust for Scotland cards and separate guidebook with parking pass mailing.*

*Photos & info from Scottish Heritage USA archives and National Trust for Scotland.*



# SCOTTISH HERITAGE USA CONTINUES TO GROW ACROSS N. AMERICA

## Let's Give a Hearty Welcome to These New Members

Mary Ann Larson & Chris Roger	Larson	Arvada	CO
Robert	Giffin	San Antonio	TX
David	Houghton	Shawnee	OK
Jody	Patterson	Hillsboro	OR
Stuart & Debby Woodhouse	Woodhouse	Charlotte	NC
James	Logan	San Diego	CA
Jay	Van Kirk	The Villages	FL
Shane & Wendy	Giddings	Pleasant Grove	UT
Steven	Miller	Grand Terrace	CA
John & Mary	Bittle	Conway	SC
Geoffrey	MacDonald	Knoxville	TN
John Deborah	Duffy	Berlin	MD
Deborah	Johnson	High Point	NC
Emma	Grubler	Wailuku	HI
Scott	Rendleman	San Jose	CA
Nelson & Kathy	Farrier	Eugene	OR
Tim	Graham	Nokomis	FL
Donald	Dales	Fallbrook	CA
David	Speedie	Charlottesville	VA
Thomas & Lesley	McCulloch	Port Angeles	WA
Annie	Loughlin	Front Royal	VA
Timothy & Tricia	Buie	West Roxbury	MA
Benjamin	Buie	West Roxbury	MA
Carole	Gunst	Boston	MA
Christine	Kappel	Atlanta	GA
Jeff	Mann	Pulaski	VA
Rebecca	Barbarino	Cleveland	OH
James & Christine	Hall	Fair Oaks	CA
Karen	MacDonald	South Weymouth	MA
Kevin & Rochelle	Houser	Springboro	OH
Drew & Tina	Bullard	Lumberton	NC
Tim	Elgin	Wilkesboro	NC
Lewis Moore & Vicki Elgin	Moore	Rock Hill	SC
Michael & Debra	Millhollin	Dixie	WV
Elaine	Bonifacic	Horseshoe Bay	TX
Victor	Chaney	Andover	MN

To help sustain our programs, scholarships, partnership with the National Trust for Scotland and highland games support programs, the Scottish Heritage USA Board of Directors recently voted to increase our individual memberships annual cost by a modest **\$5 per person**.

This change will take effect on **March 1, 2025:**

**Individual:** \$65 per year  
**Couple:** \$82 per year  
**Silver Single 65+:** \$50 per year  
**Silver Couple 65+:** \$75 per year  
**Family:** \$135 per year  
**(Two adults and up to 4 children under 18)**  
**Junior:** \$40 per year  
**(Full time student 23 or under)**

Renew Today at [www.ScottishHeritageUSA.org](http://www.ScottishHeritageUSA.org)

Andrew	Flanagan	Southport	NC
Elizabeth	McQueen	Ashburn	VA
Graeme	Noseworthy	Leominster	MA
Douglas	Carr	Whitinsville	MA
Thomas & Elizabeth	Pardue	Buffalo	NY
Douglas & Joy	Ensor	Ann Arbor	MI
Tom Harriz & Judith Hoover	Harriz	Simpsonville	SC
James	Bailey	Westlake	OH
Ryan	McLaughlin	Atlanta	GA
Tracy	Elder	Hoschton	GA

## Thank you to These Members for Renewing Their Support!

Ken	Velky	Saint Paul	MN
Todd & Renita	McDougal	Hendersonville	NC
Catherine	Hawks	Upland	CA
David	Young	Nashville	TN
Arthur & Susanne	Tenney	Starke	FL
John & Nellie	Lowry	Chatsworth	CA
Maria	Page	Denver	NC
John & Laura	Hamm	Acworth	GA
Barbara	Gross	Las Vegas	NV
Linda	Moffett	Hartsville	SC
Arthur	Hardee	Sunnyvale	CA
Joseph & Patricia	Lester	Cornelius	NC
Rick Ewing & Chris Otto	Ewing	Muskogee	OK
Bill & Ann	Caudill	Laurinburg	NC
Kerry	Rose	Wake Forest	NC
Philip & Beth	Banks	Burt	NY
Kyle	Clark	Butler	PA
John & Patricia	Van Winkle	Oakland	CA
Ellen Winslow & Michelle Crum	Winslow	Tallahassee	FL
Susan	Vester	Athens	GA
Gordon & Marcha	Brown	Watkins Glen	NY
Michael & Julie	Brown	Naples	FL
Michael	Gaschler	New York	NY
Ellen	Edwards	Harmony	NC
Victoria	Gay	Canton	GA
Mark & Pam	McClendon	Telford	TN
John & Angela	Bauer	Charlotte	NC
Micheil & Stella	Smith	Las Vegas	NV
Bryan	Johnson	Greenville	SC
Thomas & Lynn	Mitchell	Greer	SC
David & Mary Kay	Talbot	La Conner	WA
Daniel & Sherilyn	Weis	Boerne	TX
Kenneth & Evelyn	Larter	Elmer	NJ
Grant & Rebecca	Weatherstone	Edinburgh, Midlothian	UK
Charles & Dona	Sherwood	Denver	CO
Robert	Bishop	Clinton	SC
Keith & Barbara	Wood	Lawrence	KS
Carol	Allan	Chatham	NJ
Thomas & Linda	McCurdy	Durham	NC
John	Evans	Portsmouth	NH

*Ceud Mile Taing ~*

**To the St. Andrews Society of Charleston for renewing their corporate membership in December!**

# RECIPE CORNER

## THE BEST SCOTCH BROTH RECIPE

### Directions

Sear meat in skillet in half the fat until browned, set aside. Set oven rack to lowest position and heat it to 320 degrees F. Chop meat into 1" pieces.

Now add all ingredients including meat into a large ovenproof pot except lentils, potatoes, kale and salt and pepper.

Bake stew in oven for 2.5 hours, with lid either closed or ajar. Alternatively, simmer on stove, stirring to avoid burning, 2.5 hours.

Now add lentils and potatoes and cook ½ hr. Next add kale and cook 15 minutes.

Remove stew from heat, skim fat if necessary and season to taste, using pepper, flavor enhancers and/or salt.

Garnish with parsley.



### INGREDIENTS

1.5 lbs beef chuck or boneless short rib, alternatively lamb shoulder or neck  
4 T clarified butter, ghee or olive oil, divided.  
½ cup pearled barley  
½ cup lentils (red is traditional, but any type will work)  
1 onion, yellow, red or white  
½ to ¾ lb. best quality potatoes, any variety  
1 carrot, peeled and diced  
1 parsnip, peeled and diced  
1 or 2 leeks, chopped and washed to remove all dirt  
3 cloves garlic, minced  
6 cups unsalted chicken stock  
2 bay leaves and 4-6 sprigs fresh thyme- placed in cheesecloth or muslin bouquet garni bag with parsley stems.  
1 to 3 bundles kale, destemmed, washed and chopped  
Pepper to taste and salt if necessary  
Parsley garnish

*One of Scotland's most classic recipes and one you surely must try your hand at. This version opts to omit mutton, split peas and turnips in favor of more readily available beef, lentils and carrots – all of which are just as authentic.*



### Optional ingredients:

Light dash of any of these flavor enhancers: Worcestershire sauce (Bourbon Barrel from Kentucky is great, or else Lea & Perrins), Marmite, soy sauce, or oyster sauce (Megachef or Lee Kum Kee Premium\* brands).

*Recipe courtesy of Thomas James Thomas.*

## DOROTHY & WARD MELVILLE'S LEGACY



Philanthropist Dorothy Bigelow Melville

Brooklyn native John Ward Melville (1887 – 1977) was an active American philanthropist and businessman who joined his father's shoe company, Melville Corporation, and married Dorothy Bigelow in 1909. Their Cape Cod style 22-room mansion on Long Island was built by Alexander Hamilton, Jr., grandson of the first Treasury Secretary. They called it *Wide Water*.

Melville was a soldier in the US Army and his family's firm mass-produced shoes for



the Army's rank and file. Melville took control of his father's company in 1922 and created the Thomas McAn shoe line. The company later diversified and is now CVS Health. Melville donated the land and funds to establish what is now Stony Brook University, founded in 1957. He and his wife supported the restoration and preservation of historic buildings, the conservation of natural areas and created a Foundation to sustain this work. He was the 66<sup>th</sup> president of the St. Andrews Society of the State of New York from 1948-49. In April of 1972, the Office of Founder was created specifically for Ward Melville thanks to his staunch support as a founder of our organization.

Ward Melville's wife Dorothy lived twelve years past her husband. When she died in 1989, knowing her husband's passion for promoting Scottish culture, left a \$1,000,000 legacy gift to Scottish Heritage USA for our organization to continue this work.



## NEW MEMBERSHIP COORDINATOR SPOTLIGHT



**Robin Duff, our Membership Coordinator, looks forward to meeting you at upcoming games and events.**

Robin Duff joined Scottish Heritage USA this past August as our Membership Coordinator and social media guru. A native of Columbus, Ohio, Robin has spent most of her adult life in North Carolina. She is a graduate of Campbell University in Buies Creek, NC and holds a Bachelor of Arts degree in Mass Communications with a specialization in Public Relations. She has a double minor in English and Journalism. Much of her post-college career has been spent in radio broadcasting save for the past 10 years working in the non-profit sector as the communications and events manager for a nonprofit developmental day school.

“I have a keen interest in my Scottish ancestry thanks to my father’s passion for the subject which was passed along to me at a young age” according to Robin. “The history and culture of Scotland is also fascinating to me. I love doing the research for our social media posts along with connecting with fellow Scottish Heritage USA members – and with folks in the Scottish diaspora here in the US and around the globe!”

Robin’s other hobbies include reading, golf, volunteering, taking art classes, movies, concerts, and Broadway musicals. Come introduce yourself when you see her at one of the upcoming highland games.

## SCOTTISH HERITAGE USA NEWS

### Debut of *The Lion and Thistle*

We’ve updated our e-newsletter masthead to add this new name in tribute to two iconic symbols of Scotland and the strength of our organization’s enduring ties between Scotland and the USA:



**The Lion Rampant** - a heraldic symbol used as a royal emblem of Scotland since the reign of Malcolm III (1058-1093) and officially used in the Royal Banner of Scotland.

**The Thistle** – national flower and emblem of Scotland symbolizing the endurance and determination of the Scottish people.

**St. Andrew’s Society of Charleston is the oldest St. Andrew’s Society in the US** and a corporate partner of Scottish Heritage USA. Scottish Heritage President Peter Wilson made a presentation at their annual dinner in December. Photo at Right (L to R): Teddy Hendricks, SASC Incoming President; Bill Silcox, SASC President; Peter Wilson, Scottish Heritage USA President; James Mellen, SASC First Vice President.



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